



Yogaloupe Anzère Festival 2026



Pas de Maimbré

Horaire	Jeudi	Vendredi	Samedi	Dimanche
09:00 - 09:45	Vinyasa / Alma	Vinyasa / Forrest	Vinyasa / Kim	Hatha / Fanny
10:00 - 10:45	Power Yoga / Giant	Vinyasa / Lidia	Mandala / Isabella	Vinyasa / Charlène
11:00 - 11:45	Hatha / Justine	Yin Yang / Alice	Vinyasa / Sofia	Kids Yoga / Joanna
12:00 - 12:45	Vinyasa / Lior	Hatha / Louise	Hatha / Ivan	Power Yoga / Audrey
13:00 - 13:45	Hatha / Sophie	Vinyasa / Stéphanie P	Hatha / Noopur	Yoga Nidra / Nadine
14:00 - 15:30	Vinyasa / Nico	-	-	-
14:00 - 14:45	-	Vinyasa / Alex	Yoga Kids / Matteo	Vinyasa / Ludmila
15:00 - 15:45	-	Hatha / Anoula	Hatha / Caroline	Hatha / Carla
16:00 - 16:45	-	Yin Yoga / Megan	-	-
17:00 - 17:45	-	Vinyasa / Alma	-	-



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Le Tsalan "Terrasse"

Horaire	Jeudi	Vendredi	Samedi	Dimanche
09:15 - 10:15	Hatha / Anoula	Ashtanga / Amina	Vinyasa / Forrest	Vinyasa / Noopur
10:30 - 11:30	Vinyasa / Lidia	Hatha / Viresh	Vinyasa / Nico	Hatha / Ivan
11:45 - 12:45	Yin Yang / Alice	Vinyasa / Sofia	Hatha / Fanny	Power Yoga / Matteo
13:00 - 14:00	Vinyasa / Stéphanie P.	Hatha / Justine	Vinyasa / Alex	Vinyasa / Julie
14:15 - 15:15	Fascia / Selma	Vinyasa / Alexandra	Vinyasa / Lidia	Yin Yoga / Alma
15:30 - 16:30	-	Yin Yoga / Charlène	Power Yoga / Audrey	Power Yoga / Laurène
16:45 - 17:45	-	Ashtanga / Amina	Vinyasa / Joanna	-
18:00 - 19:00	-	-	Face Yoga / Anouk	-



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Le Tsalan "Intérieur"

Horaire	Jeudi	Vendredi	Samedi	Dimanche
09:15 - 10:15	Hatha / Sophie	Vinyasa / Joanna	Ying Yang / Alice	Vinyasa / Nico
10:30 - 11:30	Hatha / Caroline	Hatha / Ivan	Hatha/ Carla	Vinyasa / Sofia
11:45 - 12:45	Vinyasa / Kim	Hatha / Sophie	Hatha / Amina	Hatha / Viresh
13:00 - 14:00	Hatha / Julie K.	Hatha / Floriane	Power / Giant	Hatha / Justine
14:15 - 15:15	Mandala / Isabella	Vinyasa / Valérie	Vinyasa / Alma	Vinyasa / Stéphanie P.
15:30 - 16:30	-	Vinyasa / Matteo	Hatha / Louise	Vinyasa / Kim
16:45 - 17:45	-	Rocket / Leila	Vinyasa / Ludmila	Anusara / Stéphanie
18:00 - 19:00	-	-	Hatha / Sabine	-



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Les Rousses

Horaire	Jeudi	Vendredi	Samedi	Dimanche
07:30 - 08:30	-	-	Hatha / Lucien	Vinyasa / Alex
09:00 - 10:00	Vinyasa / Joanna	Vinyasa / Isabella	Vinyasa / Stéphanie P.	Hatha / Lucien
10:30 - 11:30	Vinyasa / Sofia	Hatha / Noopur	Hatha / Anoula	Vinyasa / Lidia
12:00 - 13:00	Vinyasa / Louise	Hatha / Megan	Hatha / Justine	Face Yoga / Anouk
13:30 - 14:30	Yin Yoga / Amina	Vinyasa / Kim	Yoga Nidra / Nadine	Yin Yang / Alice
15:00 - 16:00	Vinyasa / Forrest	Hatha / Julie K.	Vinyasa / Tifaine	Hatha Noopur & Yogic Spirits
16:30 - 17:30	-	Vinyasa / Lior	Hatha / Viresh	Hatha / Caroline
18:00 - 19:00	-	Yin Yoga / Nico	Sound Healing Charlène & Forrest	-
19:15 - 20h15	-	-	Hatha / Floriane	-